

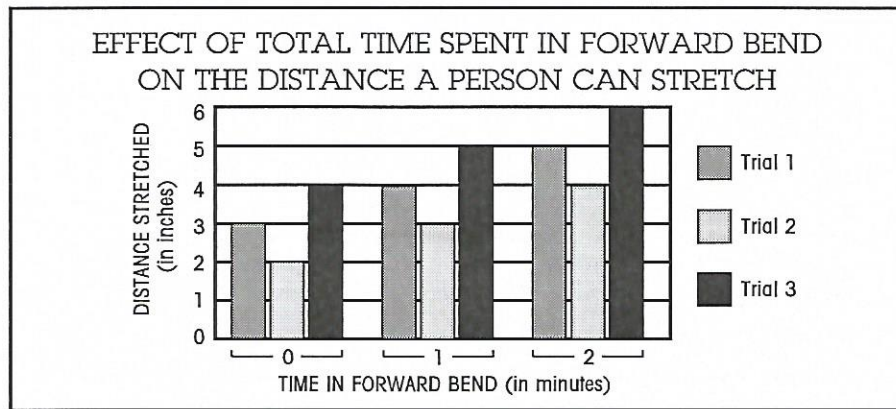
# Sample Project One: Stretch Test

(continued)

## 7. My Data

Independent Variable: Total length of time in forward bend	Dependent Variable: Distance stretched (in inches)			
	Trial 1	Trial 2	Trial 3	Average
0 minute	3 inches	2 inches	4 inches	3 inches
1 minute	4 inches	3 inches	5 inches	4 inches
2 minutes	5 inches	4 inches	6 inches	5 inches

## 8. Graph of My Data



## 9. My Conclusions

Based on my results, I conclude that my hypothesis was correct. The longer a person works out before stretching, the farther the person will be able to stretch. I would like to see how other forms of workout affect the distance a person can stretch. For instance, would doing jumping jacks help a person stretch farther?

## 10. A Sketch of My Display

